

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>10:30 Church Van pickup- main lobby</p> <p>2:00 PM- Walking Club-lobby</p>	<p>2</p> <p>10:00 AM- Flex & Balance- R</p> <p>1:30 PM- Rook/Cards-MR</p> <p>4:00 PM- Bingo!-B</p>	<p>3</p> <p>10:00 AM- Strength w/ Floor Exercise-R</p> <p>1:30 Homemade Heating Pad-AR</p> <p>3:00 PM- Sequence-MR</p>	<p>4</p> <p>10:00 AM- Simple Yoga w/ Meagan-R</p> <p>11:00 Town Hall- B</p> <p>1:00 PM- Life Talks-library</p> <p>2:15 Whiskey Trail: MB Roland Distillery Outing!</p>	<p>5</p> <p>10:00 AM- Strength Class-R</p> <p>2-3:45 PM Manicures!-MR</p> <p>4:00 LRC @ Happy Hour!-B</p>	<p>6</p> <p>10:00 AM- Walmart Trip-lobby</p> <p>1:30 PM- Bridge Group-MR</p> <p>3:30 Flex & Balance-R</p>	<p>7</p> <p>10:00 AM- Walking Club-lobby</p> <p>2:00 PM- Movie!-MR</p>
<p>8</p> <p>10:30 Church Van pickup- main lobby</p> <p>2:00 PM- Walking Club-lobby</p> <p>Daylight Saving Time</p>	<p>9</p> <p>10:00 AM- Flex & Balance- R</p> <p>1:30 PM- Spades-MR</p> <p>3:30 Special Bingo w/ Susan!-B</p> <p>Purim Begins</p>	<p>10</p> <p>10:00 AM- Strength w/ Floor Exercise-R</p> <p>1:00 Piano w/ Kathy!</p> <p>2-3:45 PM Manicures w/friends! -MR</p>	<p>11</p> <p>10:00 AM Move & Groove-R</p> <p>11:00 Life Talks-library</p> <p>12:00 Lunch at Outback Steakhouse! lobby</p>	<p>12</p> <p>10:00 AM Sit & Fit Video-R</p> <p>1:30 Let's Play Yahtzee-MR</p> <p>4:00 Margaritas & Karaoke!</p> <p>6:20 Spring Concert: Northeast High School-meet in lobby</p>	<p>13</p> <p>10:00 AM- Walmart Trip-lobby</p> <p>1:30 PM- Let's Learn Tripoley!-MR</p> <p>3:30 Flex & Balance-R</p>	<p>14</p> <p>10:00 AM- Walking Club-lobby</p> <p>2:00 PM- Cards/Games-MR</p>
<p>15</p> <p>10:30 Church Van pickup- main lobby</p> <p>2:00 PM- Walking Club-lobby</p>	<p>16</p> <p>10:00 AM- Flex & Balance- R</p> <p>1:30 Hand & Foot-MR</p> <p>4:00 PM- Quarter Bingo!-B</p>	<p>17</p> <p>10:00 AM- Strength w/ Floor Exercise-R</p> <p>11:00 Intro to Fitness Room- 3rd floor</p> <p>2:00 St. Patrick's Day Party!-MDR</p> <p>St. Patrick's Day</p>	<p>18</p> <p>10:00 AM- Simple Yoga w/ Meagan-R</p> <p>11:00 Life Talks-library</p> <p>1:15 Whiskey Trail: Casey Jones Distillery Outing!</p>	<p>19</p> <p>10:00 AM- Strength Class-R</p> <p>2-3:45 PM Manicures!-MR</p> <p>4:00 Happy Hour w/ Kelly!-B</p> <p>Spring Begins</p>	<p>20</p> <p>10:00 AM- Walmart Trip-lobby</p> <p>1-2 PM Tennova Support Group-AR</p> <p>3:30 Flex & Balance-R</p>	<p>21</p> <p>10:00 AM- Walking Club-lobby</p> <p>2:00 PM- Movie!-MR</p>
<p>22</p> <p>10:30 Church Van pickup- main lobby</p> <p>2:00 PM- Walking Club-lobby</p>	<p>23</p> <p>10:00 AM- Flex & Balance- R</p> <p>1:30 PM- Rook/Cards-MR</p> <p>4:00 Bingo w/ Special Guests!-B</p>	<p>24</p> <p>10:00 AM- Strength w/ Floor Exercise-R</p> <p>2:00PM Steel Horse Traditional Barbershop event!- Room 202</p>	<p>25</p> <p>10:00 AM- Patti's 1800's Settlement!-meet in lobby</p> <p>1:00 PM- Life Talks-library</p>	<p>26</p> <p>10:00 AM- Strength Class-R</p> <p>1:30 PM Antiques Appraisal Event-MR</p> <p>4:00 Happy Hour!-B</p>	<p>27</p> <p>10:00 AM- Walmart Trip-lobby</p> <p>1:30 Resident Birthday Party!-B</p> <p>3:30 Flex & Balance-R</p>	<p>28</p> <p>10:00 AM- Walking Club-lobby</p> <p>1:00 Cumberland Winds Dixie Band!-MR</p>
<p>29</p> <p>10:30 Church Van pickup- main lobby</p> <p>2:00 PM- Walking Club-lobby</p>	<p>30</p> <p>10:00 AM- Flex & Balance- R</p> <p>1:30 PM- Hand & Foot-MR</p> <p>4:00 PM- Quarter Bingo!-B</p>	<p>31</p> <p>10:00 AM- Strength w/ Floor Exercise-R</p> <p>2-4 PM Art w/ Michell!-AR</p>	<h1>March 2020</h1>			