

THE SPLASH

August 2022

www.fountainsfranklin.com

Meet Peggy Miller



Peggy Miller was born in Jackson, Tennessee and has been an avid gardener her whole life. Her love for gardening came from her father. Peggy graduated from Jackson High School and met her husband in Nashville. Bo Miller was a hardworking man, a devoted Christian and family man. Peggy says that “everyone that had the opportunity to know him, truly loved him.” Peggy and her husband loved to dance. They have one son and he is married with two children, Jeffrey and Ashley. “I am also a proud great-grandmother with a great grandson.”

Through the years, Peggy enjoyed being a housewife and homemaker. She and her family enjoyed several trips to Europe and trips to the western United States. Peggy heard about the Fountains from a good friend and when asked why she chose to live at The Fountains, Peggy said “it is a very beautiful area with very nice facilities.”

Peggy’s gentle spirit and smile light up the room! Her kindness and love for others is genuine and is evident with that “twinkle” in her eyes. Peggy, we appreciate your positive outlook on life that you share with all of us here at The Fountains!

Dementia Caregivers Night

On August 23rd at 7:00p.m., Dr. David Hutchings, is joining us for a great talk on the complexities of Dementia and Alzheimer’s. We are inviting all Caregivers and Family members who care for a loved one who has been diagnosed or may be suffering from the effects of Dementia or Alzheimer’s.

Dr. Hutchings specializes in geriatric neuropathy and dementia. Within his private practice and partnership with Blue Sky House Calls, he assists families in clinical education, guidance treatment and evaluations. Dr. Hutchings has been published in clinical and peer reviewed journals for his work in the medical field and his extensive knowledge of the many forms of dementias. He graduated with a Bachelor’s degree from the University of Mississippi with a Master’s degree from the University of Central Missouri. He received his doctorate from Nova Southeastern Medical University with a specialization in geriatric neuropathy. We look forward to this time with Dr. Hutchings!

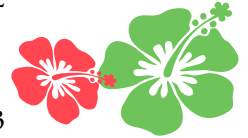


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FOUNTAINS
of FRANKLIN

Phone: 615.567.3717

300 Celebration Circle
Franklin, TN 37067

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

AUGUST

* All activities subject to change.

KEY CODES:

B- Bus
CR- Community Room
CS- Creation Station

FP- Front Porch
DR- Dining Room
FL- Front Lobby
GR- Game Room
PR- Pool Room

BREAKFAST 7:00 - 8:30 am
LUNCH 12:00 - 1:00 pm
DINNER 5:00 - 6:00 pm



1
9:00 Fit & Fun Exercise- CR
10:00 Rummikub- GR
10:00 Meals on Wheels
Napkin Rings- CR
2:00 Quarter Bingo- CR

2
9:00 Keep it Moving Exercise- CR
9:30-11:30 Doctor Appts- B
10:00 Men's Coffee & Donuts- DR
10:00 Sisterhood Fellowship- GR
2:30 Country Drive- B
Nurse Practitioner Visits

3
9:00 Fit & Fun Exercise- CR
10:00 Brain Games- GR
11:00 Catholic Service- CR
2:00 Prize Bingo CR
3:00 Coffee & Conversation- LIB

4
9:00 Keep it Moving Exercise- CR
9:30 Jim's Produce- FL
10:00 Rummikub- GR
10:00 Publix/Walgreens- B
3:00 Games- CR

5
8:00 WAKM- Radio Show
9:00 Fit & Fun Exercise- CR
10:00 Rummikub- GR
10:30 Watercolor Therapy- CR
3:00 Fountains Family Feud- CR

6
10:00 Manipulation- GR
10:00 Chicken Foot- CR
2:00 Quarter Bingo- CR



7
1:30 Church of the Advent
Episcopal Church -CR
Everyone Welcome



8
9:00 Chair Dance- CR
10:00 Rummikub- GR
2:00 Quarter Bingo- CR

9
9:00 Keep it Moving Exercise- CR
9:30-11:30 Doctor Appts- B
10:00 Men's Coffee & Donuts- DR
10:00 Sisterhood Fellowship- GR
1:30 Stretching Class- CR
2:30 Country Drive- B
Nurse Practitioner Visits



10
9:00 Fit & Fun Exercise- CR
10:00 Brain Fit- GR
11:00 Catholic Service- CR
2:00 Prize Bingo- CR
3:00 Coffee & Conversation- LIB



11
9:00 Keep it Moving Exercise- CR
10:00 Rummikub- GR
10:00 Walmart- B
10:30 Watercolor Therapy- CR
1:30 Relax & Breathe- CR
3:00 Social Hour- Brian Hanson- DR

12
9:00 Fit & Fun Exercise- CR
10:00 Rummikub- GR
10:45 Out to Lunch- O'Charley's- B
3:00 Ice Cream Float Social- CR



13
10:00 Manipulation- GR
10:00 Chicken Foot- CR
2:00 Quarter Bingo- CR



14
1:30 Church of Christ - CR
Everyone Welcome
2:00 Sunday Movie- PR
"Elvis Movie"



15 HAWAIIAN WEEK
9:00 Chair Dance- CR
10:00 Rummikub- GR
10:00 Chicken Foot- CR
2:00 Quarter Bingo- CR

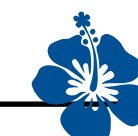


16 HAWAIIAN WEEK
9:00 Keep it Moving Exercise- CR
9:30-11:30 Doctor Appts- B
10:00 Men's Coffee & Donuts- DR
10:00 Sisterhood Fellowship- GR
1:30 Stretching Class- CR
2:30 Country Drive- B
Nurse Practitioner Visits

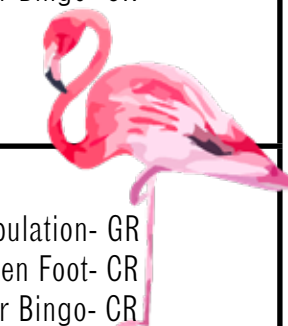
17 HAWAIIAN WEEK
9:00 Fit & Fun Exercise- CR
10:00 Brain Games- GR
11:00 Catholic Service- CR
12:00 Hawaii Luau Lunch- DR
2:00 Prize Bingo- CR
3:00 Hula Dancing w/ Kathryn-CR

18 HAWAIIAN WEEK
9:00 Keep it Moving Exercise- CR
9:30 Jim's Produce- FL
10:00 Dollar Tree- B
10:00 Rummikub- GR
10:30 Art/Paint Class- CR
3:00 Social Hour-Elvis Tribute Artist-
Ryan Collingwood- DR

19 HAWAIIAN WEEK
9:00 Fit & Fun Exercise- CR
10:00 Rummikub- GR
3:00 Hawaii Social- CR



20
10:00 Manipulation- GR
10:00 Chicken Foot- CR
2:00 Quarter Bingo- CR



21
1:30 Franklin First Methodist - CR
Everyone Welcome

22
9:00 Chair Dance- CR
10:00 Rummikub- GR
2:00 Quarter Bingo- CR

23
9:00 Keep it Moving Exercise- CR
9:30-11:30 Doctor Appts- B
10:00 Men's Coffee & Donuts- DR
10:00 Sisterhood Fellowship- GR
1:30 Stretching Class- CR
2:30 Country Drive- B
7:00 Dr. Hutchings-Caregiver
Seminar-DR
Nurse Practitioner Visits

24
9:00 Fit & Fun Exercise- CR
10:00 Brain Fit- GR
11:00 Catholic Service- CR
2:00 Prize Bingo- CR
3:00 Coffee & Conversation- LIB



25
9:00 Keep it Moving Exercise- CR
10:00 Rummikub- GR
10:00 Publix/Walgreens- B
10:30 Watercolor Therapy- CR
1:30 Relax & Breathe- CR
3:00 Social Hour- Philip Valdez- DR

26
9:00 Fit & Fun Exercise- CR
10:00 Rummikub- GR
10:45 Out to Lunch-Nashville Pizza
Company- B
3:00 Birthday Club Social- CR

27
10:00 Manipulation- GR
10:00 Chicken Foot- CR
2:00 Quarter Bingo- CR

28
1:30 Trinity Baptist Church -CR
Everyone Welcome
2:00 Sunday Movie- PR
"Thicker Than Water"
Melissa Gilbert, Lindsay Wagner



29
9:00 Chair Dance- CR
10:00 Rummikub- GR
2:00 Quarter Bingo- CR



30
9:00 Keep it Moving Exercise- CR
9:30-11:30 Doctor Appts- B
10:00 Men's Coffee & Donuts- DR
10:00 Sisterhood Fellowship- GR
1:30 Stretching Class- CR
2:30 Country Drive- B
Nurse Practitioner Visits

31
9:00 Fit & Fun Exercise- CR
10:00 Brain Games- GR
11:00 Catholic Service- CR
2:00 Prize Bingo- CR
3:00 Coffee & Conversation- LIB



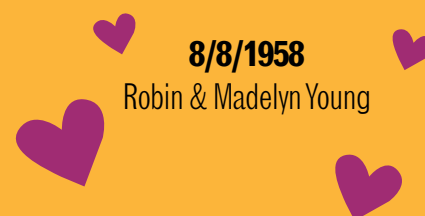
HAPPY BIRTHDAY!

8/2 Aline Wesley
8/6 Elaine Dickson
8/9 Kathe Sexton
8/16 Bobbie Krieger
8/20 Louise Walker
8/21 Myrtle Patterson
8/25 Billy Wilhite
8/27 Alberta Miller



HAPPY ANNIVERSARY!

8/8/1958
Robin & Madelyn Young



HAPPENINGS & HIGHLIGHTS AT THE FOUNTAINS

FUN is what we are all about at The Fountains...celebrating holidays with burgers "off the grill" and singing patriotic songs, trips to the Nash Creamery on a hot, summer day, enjoying a laugh during "Coffee and Conversation", golfing on our putting green, relaxing on the veranda, Wellness Center workouts, and visits with the grandchildren. It doesn't get any better than that!



Make sure to 'like' the Fountains of Franklin facebook page!

