

# The Village Gazette

The Villages at the River Club

1176 Warfield Blvd. Clarksville, TN 37043

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## ***Celebrating March***

**Irish American Heritage  
Month**

**Women's History Month**

## **Upcoming Events**

**MB Roland Distillery Tour  
*March 4<sup>th</sup>***

**St. Patrick's Day Party  
*March 17<sup>th</sup>***

**Trip to Patti's 1800's  
Settlement  
*March 25<sup>th</sup>***

**Antique Appraisals Event  
*March 26<sup>th</sup>***

**Cumberland Winds Dixie  
Band  
*March 28<sup>th</sup>***

**Art w/ Michell     *March 31st***

### **Greetings from the Executive Director**

Hello everyone! As the weather is beginning to warm now, we are looking forward to 6 new resident move-ins for the month of March. In addition, we have added several new staff members to round out our amazing Villages team (2 in Food & Beverage and 1 Administrative Assistant). We have several exciting events planned for March, highlighted in bold on the Activity calendar. Extra calendars are located on the 2<sup>nd</sup> level next to the facility bulletin board. We are still in the process of minor building repairs, but otherwise no major changes for the month. One final note from Chef: *April 1<sup>st</sup> starts the new Spring Menu*, so be looking for those changes. Happy St. Patrick's Day everyone, to residents and staff alike: *"May you have all the happiness and luck that life can hold— And at the end of all your rainbows may you find a pot of gold."*

**DON'T FORGET: MARCH 8<sup>TH</sup> DAYLIGHT SAVINGS BEGINS (SET CLOCKS 1 HOUR FORWARD).**

### *Time to Wake Up*

March is the month that many hibernating animals wake up from their long sleep. Here are some cool facts about the winter rest:

- Animals that hibernate include bears, hedgehogs, bats, skunks, bees, frogs, squirrels, snails, turtles, and mice.
- Many animals have a heart rate of just 10 beats per minute while hibernating.
- Hibernating bats can go up to an hour between breaths.

Elaine Hammond Tucker was born June 23<sup>rd</sup>, 1940 in Glen Cove, New York to Mr. George Hammond and Mrs. Helen Nobman Hammond. She attended Oyster Bay High School and graduated in 1958 among the top of her class. She received several collegiate scholarships and went on to attend Gettysburg College in Pennsylvania, attaining her bachelor's degree in Spanish. In addition, she also studied abroad her sophomore year at the University of Guanajuato in Mexico. She received her master's degree from the University of New Mexico and earned her MATS (Master of Arts in Teaching Spanish). Her career began at the same high school she graduated from, Oyster Bay. She lived in Syosset for 26 years until she met and married Jim Tucker (from Ashland City) while he was stationed with the military in Albuquerque, New Mexico. They married in June of 1966 and when he was later assigned to Germany, they moved there, and Elaine taught part time for a year. Elaine's career in Education spanned 50 years. She taught Spanish and a few other courses at Clarksville High School from 1967-2000. After this she went on to Austin Peay as a Supervisor of Student Teachers for an additional 13 years. Throughout her time as a teacher, she took her students on numerous trips, mainly Spain, France, and Mexico over a span of 25 years. In 1999 while at Clarksville High School, she was awarded Montgomery County Teacher of the Year. Most notably, that same year, she was named Middle TN High School Teacher of the Year. Elaine enjoys crafting, playing cards with groups in the community and traveling! She has traveled all over the world, including 90 countries, and has been on roughly 100 cruises. Her goal is to be able to travel to Antarctica in February of 2021.

Elaine Tucker joined us at the Villages on August 6, 2019 and was one of our first move-ins to the Villas! She states that once the opportunity presented itself to leave her home, she knew it was a wise decision and has absolutely no regrets. Her beautiful home of 42 years (designed by her brother, Robert Hammond) is now in possession of a wonderful family, to whom she is very close, and will cherish it as she did. Finally, she says that "you couldn't ask for a better view of the golf course! The Villages truly has the best location/best views in Clarksville."



**Elaine Hammond  
Tucker**

**March  
Resident  
Spotlight!**

Mallory Grissom is one of the Housekeepers here at the Villages. She previously worked at the Clarksville Athletic Club for 3 years in the children's fitness program. Mallory has two little boys, Brady (6 years old) and Cainen (2 years old). She is expecting another little boy at the end of July! She is a senior at Austin Peay State University. Her major is in Educational Studies, concentrating on grades pre-K thru 3<sup>rd</sup> grade. She loves to attend school and to learn new things! In her spare time, she hangs out with friends and family. She enjoys taking her kids out to do fun things or when it's nice, out to the park. Mallory enjoys working here at the Villages alongside staff (especially Rina) and the wonderful residents! "The residents make it feel like home and I love seeing their faces every single day!"

## Staff Spotlight



Rina Gonzalez is one of the two housekeepers here at the Villages. She also works part time as the Youth Fitness Instructor at the Clarksville Athletic Club. She graduated from Austin Peay State University in 2014 with a bachelor's degree in Fine Arts. She enjoys being outdoors, strength training, traveling, and is always up for trying new foods. She has a pet Pomeranian dog named Juicy. Rina and Mallory have been working alongside one another for 4 years and counting!

We are so thrilled to have Rina and her fun-loving personality in our community.

# Meet Our Staff

## Executive Director

*Lucy Townsend*

## Community Relations Director

*Lisa Klasen*

## Director of Maintenance, Housekeeping, & Security

*Doug Tomes*

## Food & Beverage Director

*Jimmie Theal*

## Care Professional Director

*Tracy Sutton*

## Recreational Director

*Meagan Nay*

## Office Administrator

*Johnnie Friddle*

*Cailyn Sikoski*

## Housekeeping

*Rina Gonzalez*

*Mallory Grissom*

## Maître D'/Server

*Will Eckhardt*

*Haley Robledo*

## Sous Chef

*Oliver Nguyen*

## Prep Cook

*Faye Cartwright*

## Security Guard

*Mark Hughes   John Blondin   Keith Stepp*

# March Astrology

In astrology, those born between March 1–20 are the **FISH OF PIECES**. Fish feel things deeply, as in under-the-sea deep. These intuitive, creative, and intelligent people have strong feelings of right and wrong and love to help others. Those born between March 21–31 are **the RAMS OF ARIES**. As the first sign of the zodiac, Aries like to be number one. Bold, courageous, passionate, and somewhat impulsive, Rams dive headfirst into even the most challenging situations.

## Resident Birthday's:

David Hollis 3/24

Homer Kocher 3/30

## Won't You Be My Neighbor?



Each year, March 20 is celebrated as Won't You Be My Neighbor Day in honor of the birthday of Fred Rogers, everybody's favorite television neighbor. Rogers suffered a lonely childhood and was often taunted about being overweight. He overcame his shyness to become a Presbyterian minister but left the seminary to go into television. He hated TV and wanted to transform it into a means of nurturing those who would watch and listen. Rogers was a natural when it came to children's broadcasting, using his talents to develop puppets, music, and characters that appealed to kids' better natures. By the time the show *Mister Rogers' Neighborhood* aired in 1968, he had mastered his use of imaginative elements and the kind, quiet manner that became his trademark.