The Village Gazette

The Villages at the River Club | 1176 Warfield Blvd, Clarksville TN 37043 | 931-310-7268

Celebrating July

Cumberland Winds Concert & 4th of July Events July 3

Independence Day (U.S.) July 4

Town Hall/Resident Meeting July 6

Resident Birthday Party July 15

> Ice Cream Social July 17

Tap Dance Class July 20

Day of the Cowboy/ Western Movie July 23

> International Day of Friendship July 30

Bombs Bursting in Air

It is common on July summer nights to hear the far-off crackle and boom of fireworks, but no holiday boasts a more grandiose display of fireworks than America's Independence Day celebrations on July 4.

Setting off fireworks to celebrate Independence Day is a tradition that dates all the way back to America's Declaration of Independence in 1776. On July 1 of that year, the Continental Congress convened in Philadelphia to debate whether the colonies should declare independence from Britain. In the midst of their debate, news suddenly arrived that British ships had entered New York Harbor. The delegates' sense of urgency increased, and on July 2 they voted in favor of independence.

John Adams, representative of Massachusetts, sensed the significance of the decision. He wrote to his wife, Abigail: "The Second Day of July 1776, will be the most memorable Epocha, in the History of America... It ought to be solemnized with Pomp and Parade, with Shews, Games, Sports, Guns, Bells, Bonfires and Illuminations from one End of this Continent to the other." Adams may have been off by two days, but his vision of future Independence Day celebrations was spot on. Cities would commemorate the day just as Adams had predicted. In Philadelphia on July 4, 1777, a cannon was fired 13 times to honor the 13 original colonies, and 13 fireworks were shot into the air.

Those early fireworks looked very different from those we enjoy today. Many offered nothing more than a fountain of monochromatic sparks or a loud explosion. It wasn't until the 1830s that Italian inventors added metal salts like strontium and barium to the incendiary mixtures, finally giving fireworks a palette of color. At last, crowds could "Ooh!" and "Ahh!" as the night sky was lit up in glittering shades of red, white, and blue. Other innovations in fireworks are on the way. Quiet fireworks, those without the loud explosions, have been tested in Europe. There are even daytime fireworks with vivid colors that stand out against a sunlit sky. LACE UP YOUR SNEAKERS! RESIDENT ILENE BLUMBERG AND THE EMPOWERME WELLNESS TEAM ARE CHALLENGING OUR RESIDENTS TO A "COUCH TO 5K" WALK IN OCTOBER. THIS WILL EQUAL 15 LAPS AROUND THE BUILDING SO START TRAINING NOW. ALL PARTICIPANTS WILL BE REWARDED FOR MAKING THEIR BEST EFFORT!



Fourth of July Memories

Barbara Corley, apt 414: "When I was a teen, my family would always spend the 4th at Herrington Lake in KY. My sister and I would waterski while my father drove the boat. We always had to do something patriotic since my Dad was a WW2 vet. We would usually have a grilled steak and homemade ice cream to celebrate."

Shelia Runyon, apt 418: "My family would always go visit Happy Hollow, which was owned and sponsored by the Vogue Club of BF Goodrich. There was a spring-fed pool which was always so cold, bath houses and a nice concrete patio for sunning. We would always picnic with baked ham, BBQ and roasted hotdogs."

Sybil Thornton, apt 124: "My family would join the rest of our community for a bbq and picnic, and then the men would play music for everyone. Occasionally, someone would cook a sheep or a goat, and to this day I cannot stand the smell of those meats, or even goat cheese!"

Morgan Ferrel, Housekeeping: "When I was younger my family would always go to a park or public display of fireworks. As I got older we started to shoot our own. We would always enjoy a hamburger or hot dog and cold watermelon."

Charles Mosley, apt 214: "My family would usually just work that day, probably in the garden. My Dad didn't really like to watch anyone just sit around so we stayed busy. We did usually make ice cream though. We would make vanilla and then add in things like strawberries or blackberries."



Daily devotions will take place on Tuesdays and Thursdays starting at 10:15 in the Green Dining Room. Sessions will be based on "Our Daily Bread" booklets, which are available for free to any resident whether you attend the devotion discussion or not.

Courtney from EmpowerMe Wellness will be doing a workout session on Tuesdays and Thursdays starting at 11:00AM in the Roxy.

The last Wednesday of every month we will host a "Newcomer orientation" to help new residents introduce themselves and learn about their new home. Please attend to help welcome our new friends and answer any questions they might have about life at The Villages or in the Clarksville area.

Please submit any poems, short stories, or art pieces you have created to Jenny for publishing in upcoming newsletters.

Please see a staff member to join our group messages on WhatsApp for up-to-the-minute announcements, information, and updates.

Please use the new sign-out binder in the library when you borrow a book. Our library committee has been kind enough to organize, sort and put together a binder to help keep better tabs on things.

Housekeeping Reminders

Housekeeping hours are Monday-Friday 9am-3pm

All trash needs to be placed in the appropriate hallway receptacles no later than 3pm

Hello! I'm Jenny Roecker, your new recreational director and editor at large of this newsletter. I am so excited about the opportunity to work here and get to know all of you. I look forward to all of the fun we can have together and truly hope I can bless your lives the way I know you'll bless mine.

I was born in Clarksville at the Memorial Hospital many of you remember. My parents are both from Stewart County (which borders Mont Co to the west) and I was lucky to have lots of time with my extended family as I grew up. My parents retired a couple of years ago from being self-employed over 25 years in the pallet industry and I have one sister.

I bought a house in Clarksville when I was 22 and shortly thereafter met a soldier in a bar who I thought was way too young and military for me, but now we have been married for 12 years. Justin worked on Chinook helicopters in the Army at Fort Campbell for his entire 9+ year Army career, and now works as a contractor managing helicopter maintenance for Lockheed Martin. He loves to fish, eat as much as possible, and is a very skilled mechanic. We have two daughters, Lilly who is 9, and Adelyn "Addie Belle" who is 6, both of whom are thrilled to be involved here and meet all of you. Our two Shelties, Danni and Nellie, round out the family. I have worked at several places in the area including the Clarksville Chamber of Commerce, the Hand Family Budweiser Distribution, the MWR Life Magazine and left Uffleman Estates for this job. I have largely done independent contract work over the last several years (so I could stay home to care for my girls until both were in school) and have lots of experience in writing, editing, marketing, and consulting.

I am a very curious person who loves to learn about new things, people, and places. I have always been a tremendous reader, I love all genres of music, and enjoy learning about history

(particularly WW2). I love old cars, travel, food and am a weird mix of tomboy that loves makeup! I am always open to new ideas and to hear the things you are interested in, so please stop by to tell me about yourself!





My people: Lilly, Justin, and Adelyn



My pooches: Nellie, 2 and Danni, 12

Dining Department

To-Go Orders

Lunch: order by 11:30am, pick-up 11:45am-12:15pm.

Dinner: order by 4:30pm, pick-up 4:45pm-5:15pm.

Weekend Breakfast Box: Must sign-up by 4pm on Fridays to get a box from the front desk on Saturday mornings.

Meet Our Staff

Executive Director Lucy Townsend

Community Relations Director Lisa Klasen

Director of Maintenance & Security Doug Tomes

> **Executive Chef** Katy Heitzenrater

Home Care Professional Director Tracy Sutton

> Recreational Director Jenny Roecker

Housekeeping Manager Shannon Jacobs

Business Office Manager Johnnie Friddle

Cooks

Bridgette Parisi Rhonda Orr Martina Jefferson (Breakfast Attendant)

Servers

Rhonda Orr Claire Cox Kaelee Griffin Fredericka Lewis-Cado

> Housekeeping Betty Martin Morgan Ferrel

Villages at Home Rina Gonzalez Gina Thibodeau Tanesha Holden

EmpowerMe Wellness Team

Courtney Weaver (PT) Jamie Smothers (Speech) Kaylin Miley (OT), Mgr

Security Guards

Mark Hughes Keith Stepp Brenda Baez.

Prayer and Well-Wishes to:

Iris Ranney Barbara Burton Betty Albright Ed Allan Allen Anthony & wife Judy & Wheeler Pryor Sybil Thornton Joy & EG Sims Former Rev. Charles Beecher has generously offered prayer or visitation for anyone in need of such. Please speak to Jenny or contact him at 931.561.0955. If you have any concerns to be listed in the next newsletter, please see Jenny.

WELCOME

New & Upcoming Residents

- Ms. Virginia Jackson, apt 204
- Juanita "Nita" Jones, apt 219
 - Tessie & daughter, Andrea Athens, apt 300
- Dave & Tricia Moore, apt 400

July Resident Birthdays

7th- Karen Lee, Marsha Young 9th-Juanita Jones 14th- Ed Allen 20th- Kitty Boaz 22nd-Harold " Sarge" Wright 27th- Bill Kleeman 28th- Carol Perry 31st- Debby Eason