

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
					9:00 Walking Club - L <b>1</b> <b>10:00 Walmart Trip - L</b> <b>12:00 Lunch outing - L</b> <b>3:00 Bridge game</b>	<b>2</b>  2:00 Cards/games - MR
	Canada Day					
<b>3</b>  7-8 Cumberland Winds Patriotic Band!- outside	<b>4</b> 9:00 Walking Club-L  3:00 Hand & Foot Card Games - MR 4:00 Red, White & Blue Treats  Independence Day (US)	<b>5</b> 10:15 Daily Devotion GDR 11:00 Exercise w/ Courtney!- R <b>2:00 Welcome Club MR</b> 3:00 Needle Crafts - MR	<b>6</b> 9:30 Ballet Class - GDR 11:00 Town Hall & Resident Meeting - GDR 2:30 Women's Book Club Meeting - L <b>6:00 Cell Phone Education Session - MR</b>	<b>7</b> 10:15 Daily Devotion 11:00 Exercise w/ Courtney!- R 12:30 The Med Shoppe Pharmacy Cart-MR 2:00- Empower Hour Health Seminar - R 4-5 Happy Hour!-MR	<b>8</b> 9:00 Walking Club-L  <b>10:00 Walmart Trip - L</b>  2:30 Name that Taste Challenge (Sodas) -GDR	<b>9</b>  <b>1:30 Southern Gospel w/ Star Berry!- GDR</b>
<b>10</b>	<b>11</b> 10:30 Exercise Class-R 2:00 \$\$\$ Bingo - B 3:00 Hand & Foot/cards MR 7:00 Monday Movie Night!- R	<b>12</b> 10:15 Daily Devotion GDR 11:00 Exercise w/ Courtney!- R 2:00 Scrabble-MR 3:00 Needle Crafts, Pretty Nails (1st & 2nd Floors) - MR	<b>13</b> <b>10:00 Country View Market in Charlotte Trip - L</b> 1:15 Coloring Club-MR  <b>2:30 Cape Cod Travel Slideshow - R</b>	<b>14</b> 10:15 Daily Devotion GDR 11:00 Exercise Class 2:00- Empower Hour TaiChi & Meditation - R 4-5 Happy Hour!-MR	<b>15</b> 9:00 Walking Club - L  <b>10:00 Walmart Trip - L</b>  <b>1:30 Resident Monthly Birthday Party - MR</b>  3:30 Ball Drumming-R	<b>16</b>  2:00 Cards/games - MR
<b>17</b>  6:00 Ice Cream Social  Ice Cream Day	<b>18</b> 10:30 Exercise Class-R 2:00 \$\$\$ Bingo - B 3:00 Hand & Foot Card Games - MR	<b>19</b> 10:15 Daily Devotion GDR 11:00 Exercise w/ Courtney!- R 2:00 Yahtzee-MR 3:00 Needle Crafts, Pretty Nails (3rd & 4th Floors) - MR	<b>20</b> <b>10:30 Tap Dance Class - GDR</b> 2:30 Women's Book Club Meeting - LB 4:00 Art Class	<b>21</b> 10:15 Daily Devotion GDR 11:00 Exercise w/ Courtney!- R 2:00- Empower Hour Relaxation Technique - R 4-5 Happy Hour!-MR	<b>22</b> 9:00 Walking Club - L  <b>10:00 Walmart Trip - L</b> <b>2:30 Compassion Club Meeting - GDR</b> 3:00 Trivia & Popcorn-MR	<b>23</b>  6:00 Western Movie - R  Day of the Cowboy
<b>24</b>	<b>25</b> 10:30 Exercise Class-R 2:00 \$\$\$ Bingo - B 3:00 Hand & Foot Card Games - MR 7:00 Monday Movie Night!- R	<b>26</b> 10:15 Daily Devotion GDR 11:00 Exercise w/ Courtney!- R 2:00 Scrabble-MR 3:00 Needle Crafts- MR	<b>27</b> 10:00 Price is Right - MR 1:15 Coloring Club-MR <b>2:00 New Resident Welcome &amp; Orientation</b> 3:30 Ball Drumming-R	<b>28</b> 10:15 Daily Devotion GDR 11:00 Exercise w/ Courtney!- R 2:00- Empower Hour Making Stress Balls - R 4-5 Happy Hour!-MR	<b>29</b> 9:00 Walking Club - L  <b>10:00 Walmart Trip - L</b>  <b>1:00 Fella's Friday</b>	<b>30</b>  10:00 Write a note to a friend -GDR  International Day of Friendship
<b>31</b>	LOCATION KEY: MR- Main Room, 2nd Floor L- Lobby    LB- Library B- Bar    R- Roxy Theater DR- Dining Room GDR-Green Dining Room					
Any calendar changes or additions will be posted on the bulletin board. <b>Highlighted Events require sign-up!</b>						