

September 2022

The Village Gazette

The Villages at the River Club | 1176 Warfield Blvd, Clarksville TN 37043 | 931-552-7455



Celebrating September

Classical Music Month

Piano Month

Labor Day (U.S.)

September 5

Nashville Symphony Concert in downtown Clarksville

September 6

Grandparents' Day

September 11

Resident Swap Meet

September 12

SPIRIT WEEK

September 19-23

UPCOMING:

Oktoberfest

October 1

Ft. Campbell Tour

October 19

Elvis Visit

October 29

101st Military Band Visit

November 5

Spirit Week in September!

Get ready, Village folks! We will be having a week of fun, games, challenges, and getting to know our neighbors the third week of September. Similar to a high school's homecoming rally, we will be having daily themes and events. Also, residents will be competing in teams for prizes, with the winning team receiving a pizza party on Friday, Sept 23rd! See below for team details. Certain activities will have individual winners but with points also being awarded to that person's "team."

The building will be divided into 3 vertical "teams", as listed below. I will place colored markers on doors at the beginning of the week. *Villa's will be randomly assigned based on participation

The Right-side Racers

Apartments ending in 00-06, except 1st floor 100-08
Team Color: Red

The Middle Marvels

Apartments ending in 07-15, except 1st floor 110-12
Team Color: Blue

The Leftie Lionz

Apartments ending in 16-24, except 1st floor 114-24
Team Color: Yellow

Please see the monthly calendar for events and daily themes (themes are also listed below). The front chalkboard will be used as an updated score board of standings every day. The winning team will be announced at Happy Hour on Thursday. Please plan to participate in a week of fun and encourage all your neighbors to do so as well. After all, there is free food on the line!

Monday: Wear your team color

Tuesday: Mismatch day

Wednesday: Dress for your high school homecoming by era (50s, 60s, etc)

Thursday: Wacky hats



Residents Karen Lee and Ilene Blumberg sporting the shoulder bags they crafted.



Adelyn Roecker helping resident Darlene Gibson create a tie-dye masterpiece.

Madeline Illgen with the beautiful sunflower wreath she ceated.



Resident August Birthday Boys, counterclockwise: Wheeler Pryor, Bob Patterson, and Harold Mason.



Bill and Kelli Boyd sporting their tie-dye wares. Even their dog, Eddie, looks fabulous in a tie-dyed doggie scarf!



If any resident needs their nails trimmed, filed, and/or polished but is not able to leave their home, Jenny will visit you to take care of this. Please let her or the front desk know.

Devotions will take place on Tuesdays and Thursdays starting at 10:00 a.m. in the Green Dining Room. Sessions will be based on “Our Daily Bread” booklets, which are available for free to any resident whether you attend the devotion discussion or not.

Courtney from EmpowerMe Wellness will host a workout session on Tuesdays and Thursdays starting at 11:00AM in the Roxy.

The last Wednesday of the month will be our “Newcomer Orientation.” This is a time for residents to introduce themselves and learn about their new home. Please attend to help welcome our new friends and answer any questions they might have.

Please submit any poems, short stories, or art pieces you have created to Jenny for publishing in upcoming newsletters.

Please see a staff member to join our group messages on WhatsApp for up-to-the-minute announcements, information, and updates.

Please use the new sign-out binder in the library when you borrow a book.

Keep training for our “Couch to 5k” walk in October. 15 laps around the building will equal 5k, but any attempt or effort will be celebrated!

Housekeeping hours are Monday-Friday 9am-3pm. Please make sure trash is placed in the correct hallway bin **no later than 3pm**.

Dining to-go orders for *Lunch*: placed by 11:30am and picked-up from 11:45am-12:15pm. *Dinner*: placed by 4:30pm, picked-up 4:45pm-5:15pm. Residents **must sign-up by 4pm on Fridays** to get a breakfast box from the front desk on Saturday mornings.

A Hairy Situation

Men, put away your razors. September 3 is World Beard Day. According to the bearded founders of Beard Day, it is traditional on this holiday for the beardless to wait on the bearded hand and foot. Perhaps that is why so few of the beardless care to know that September 3 is World Beard Day.

Why do men grow beards? Scientists have attempted to answer this question for a long time. A common theory is that men groom their facial hair to attract a mate. Studies show, however, that most women don't like beards. Instead, beards are just another way that men compete with each other. Men with beards are often perceived as older, stronger, and more aggressive than other men. In this light, beards are a show of dominance. Other studies have shown that in times when there are more single men competing for fewer women, mustaches and beards become fashionable. Does that explain the current beard trend? One social scientist believes that beards are in fashion due to a “crisis of masculinity” and that men who feel disassociated from their masculinity grow big beards to reassure themselves.

Dining In



Something transformative happened on September 10, 1953. Swanson introduced the TV dinner, and it was an instant success. Swanson was a nationally known food brand famous for its poultry. After an abysmal Thanksgiving in 1952, Swanson found itself with 260 tons of leftover turkey. Swanson salesman Gerry Thomas sketched the idea of a three-sectioned tray, one that could act as both a cooking and serving tray. Savvy Swanson advertisers linked the new frozen food trays with the exciting new appliance of the era, the television, naming it the “TV dinner” and even designing the packaging to look like a tv. Swanson sold 10 million units in its first year, and cooking was transformed forever.

Meet Our Staff

Executive Director

Lucy Townsend

Community Relations Director

Lisa Klasen

Director of Maintenance & Security

Doug Tomes

Executive Chef

Katy Heitzenrater

Home Care Professional Director

Tracy Sutton

Recreational Director

Jenny Roecker

Housekeeping Manager

Shannon Jacobs

Business Office Manager

Johnnie Friddle

Cooks

*Bridgette Parisi Rhonda Orr
Martina Jefferson (Breakfast Attendant)*

Servers

*Rhonda Orr Claire Cox
Kaelee Griffin Fredericka Lewis-Cado*

Housekeeping

Betty Martin Morgan Ferrel

Villages at Home

*Rina Gonzalez Gina Thibodeau
Ms. Chris Brown*

EmpowerMe Wellness Team

*Courtney Weaver (PT)
Jamie Smothers (Speech)
Kaylin Miley (OT), Mgr*

Security Guards

*Mark Hughes Keith Stepp
Brenda Baez*

September Birthdays

In astrology, those born from September 1–22 are Virgo’s virgins. Often symbolized by the goddess of agriculture, Virgos are deeply connected to the material world. They are logical, practical, and aware of every detail. Those born from September 23–30 balance the scales of Libra. Libras strive for equilibrium and symmetry and flourish in harmonious partnerships. Libras often surround themselves with tasteful art objects and designs that create balanced environments.

1- *Faye Wallace, Debbie Metz*

3- *Bill Boyd*

8- *Terry Vaughan*

9- *Kenny Averitt, Carol Cassidy*

11- *Gail Kenner*

15- *Nan Hall*

20- *Sandra Wilson*

21- *Barbara Hopkins*

24- *Trish Moore*

25- *Allan Anthony*

Remember your
b-day party on
the 16th!

Prayer and Well-Wishes to:

Geary & Debby Eason Barbara Burton
Betty Albright Howard Thompson
Sybil Thornton Angel Moore
Kitty Boaz Charles Mosley
Allen Anthony & wife Ed Allan
Judy & Wheeler Pryor

WELCOME New Residents

Darlene Gibson, Apt 303

Patricia Stahl, Apt 317

Virginia Jackson, Apt 204

Dave & Trish Moore, Apt 400

Tess & Andrea Athens, Apt 300

Terry & Mildred Vaughan, Apt 218

Deborah “Deb” Metz, Apt 216