Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy New.	Write a goal you want to accomplish in the new year!	8:30 a Exercise - Beth 10a Bible Study - LB 1:30p Trip to Library 3p Needle work - MR	3 10:30a Town Hall -G 11:30a Yoga (after town hall) 1p Don't Get Scammed	10a Devotions 11a Exercise -Emily 1p Pretty Nails -G 3p Trivia in Main Rm 4-5p Happy Hour -Sid	5 10 a Walmart Trip 1:15 p Ball Drumming 2p Billiards - Learn how to play	6 2p Piano Recital - MR
7 2p Church Service w/ Pastor Zach Newman	8 10a Lego Show 11a Exercise -Emily -R 2p Bingo - G 3p Book Club - LB	8:30 a Exercise - Beth 9:30 Columbo Movie 10a Bible Study - LB 3p Needle work - MR	10 11a Yoga -R 11:45- New York Pizza Depot 2:30p Travel Slideshow - Spain Take the stairs for National take Stairs Day!	10a Devotions 11a Exercise -Emily 1p Pretty Nails -G 2p Let's Talk - Kick the Blues 4-5p Happy Hour- George Dunn	10 a Walmart Trip 2p BIRTHDAY PARTY 3p Card Games	Star Berry Gospel Music 1:30p
Dress your pet up for National Dress your pet day! Music with Kim, Barbara & Dennis - R	11a Exercise -Emily -R 2p Bingo - G 3p Book Club - LB	8:30 a Exercise - Beth 10a Bible Study - LB 2 p Empower Hour 3 p Needle work - MR	9:30 Stretch Class 10a-1p Custom House & Mailroom Rest.	8:30 Go for coffee - Yada 10a Devotions 11a Exercise -Emily 1p Pretty Nails -G 4-5p Happy Hour	19 10a Walmart Trip 1:15p Ball Drumming 2p Pool Games	Jerry O'Neal Gospel Music 4 pm
Share a smile	9:30a Bunco 11a Exercise -Emily -R 2 p Bingo - G 3 p Book Club - LB	8:30 a Exercise - Beth 10a Bible Study - LB 3 p Needle work - MR 3:30 Build with Legos	24 11a Yoga -R 1p Yard Games in Roxy	10a Devotions 11a Exercise -Emily 1p Pretty Nails -G 4-5p Happy Hour -	26 10 a Walmart Trip 11:45a Lunch at Blackhorse Pub 2p Pool Tournament	3p Bowling
Activity Professionals Week 28 Watch AFC Championship Game 3pm NFC Championship Game 6:30pm	29 11a Exercise -Emily -R 2 p Bingo - G 3 p Book Club - LB 3:30- Grumpy Old Men Movie	8:30 a Exercise - Beth 10a Bible Study - LB 3p Needle work - MR	31 9:30 Stretch Class 11:00 L&R Soda Shop and market outing	2024		

The Villages at the River Club - Clarksville TN - 931.552.7455