

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 1:15p Only the Brave Movie End of Summer Potluck Picnic 4pm Labor Day	3 10a Devotions - LB 11a Exercise - Beth Sweatin to the Oldies 1:30p Tech Time -R 3p Needle work - MR	4 9a Golf (Driving Range) 10:30a Town Hall -G Zumba after mtg. 12p Woody's Pizza	5 10a Devotions 11a Chair Exercise 1p Pretty Nails 2p Games 4-5p Happy Hour - Sid	6 10a Walmart Trip 1:30p Ball Drumming 2p The War with Grandpa Movie	7 3p Listen to relaxing vibes in MR
8 Coloring Sheets & Puzzles in the lobby Special Brunch Grandparents Day	9 11a Exercise -Emily 2p Bingo w/ Maegan	10 10a Devotions 2p Lawrence Mark 50's & 60's music - G 3p Needle Work - MR	11 11a Zumba 11:30a Chicken Salad Chick 2p Travel virtually to Ground Zero Memorial 3p 5 Crowns/Cards	12 10a Devotions 11a Chair Exercise 1p Pretty Nails 2p Let's Talk: Improving Cognition 4-5p Thirsty Thursday - George Dunn	13 10a Walmart Trip 1:30p Ball Drumming 2p Billiards 3pm Drain the Oceans - WW2 ships	14 Star Berry 1:30pm in Roxy
15	16 10a Trip to Library 11a Exercise -Emily 1:15 Seated Volleyball 2p Bingo 3p Book Club	17 9:15a Exercise - Beth 10a Devotions - LB 11a Yoga - Beth 1-5p Quilt Show 3p Needle Work - MR	18 8:30a Water Fitness 11a Zumba 12p Freddy's and Dunbar Trails	19 10a Devotions 11a Chair Exercise 1p Pretty Nails 2p Dominoes 4-5p Cocktails & Mocktails- Pam	20 10a Walmart Trip 1:30p Ball Drumming 2p Birthday Party 3p Hillbilly Elegy Movie 3:15p Billiards	21 3p Listen to the 70's together MR Oktoberfest Begins
22	23 11a Exercise -Emily 2p Bingo w/ Lawrence 3p Medicare Informational Mtg. 6:30p Bonfire Autumn Begins	24 9:15 Exercise - Beth 10a Devotions - LB 11a Yoga - Beth 2p Empower Hour 3p Needle Work - MR 3:30p Beethoven & Bruschetta - GR	25 Leave at 9:15a - 4ish GENERAL JACKSON	26 10a Devotions 11a Chair Exercise 1p Pretty Nails 2p Solving Sukoku 4-5p Mix & Mingle - Debbie	27 10a Walmart Trip 1-4 Flu Shots in GR 1:30p Ball Drumming 2p Bunco in Billiards Room 3p I Feel Pretty Movie	28 3p Listen to the sounds of the season together in MR
29	30 11a Exercise -Emily 2p Quarter Bingo 3p Book Club					

September 2024