

November 2024

Villages Gazette

The Villages at the River Club | 1176 Warfield Blvd | 931.552.7455 | VillagesRiverClub.com

Celebrating November

Historic Bridge Awareness

Month- see 11/13

Family Stories Month-see

11/14

Oak Grove Casino

November 6th

Cracker Barrel

November 13th

Take a Hike Day & Shop

November 17

Old Chicago & Mall Trip

November 20

Resident & Family

Thanksgiving

November 21st

Doctor Who Day

November 23

National Jukebox Day

November 27

Blackhorse Lunch

November 27

Thanksgiving Day

November 28

Rockin' Through the Years

Rock and roll, a genre that revolutionized music, began in the early 1950s, blending elements of rhythm and blues, jazz, gospel, and country. Its roots can be traced back to African American musical traditions, which profoundly influenced its development.

It was Elvis Presley, the "King of Rock and Roll," who brought rock and roll into the mainstream. His 1956 hit "Heartbreak Hotel" topped charts and made him a household name. Other pioneers included Chuck Berry, whose guitar riffs and showmanship set the standard for future rock musicians, and Little Richard, whose wild performances captivated audiences.

The late 1950s and early '60s saw rock and roll evolve into various subgenres. The British Invasion, led by the Beatles and the Rolling Stones, brought a new wave of rock music to the United States, blending rock and roll with British pop influences. This era also saw the rise of surf rock, with bands like the Beach Boys capturing the spirit of the California lifestyle.

By the late 1960s, rock music had become more experimental. Psychedelic rock, exemplified by bands like the Jimi Hendrix Experience and the Doors, pushed the boundaries of sound and performance. The Woodstock Festival in 1969 symbolized the peak of the counterculture movement and the unifying power of rock.

On November 9, 1967, *Rolling Stone* published its first issue, marking a significant moment in rock history. John Lennon graced the cover, and it cost only a quarter to purchase. The magazine became a leading voice in music journalism, covering the latest trends, iconic artists, and cultural shifts within the rock-and-roll world.

Rock and roll's journey from its early days to the early 1970s laid the groundwork for countless genres and artists, forever transforming the cultural landscape.

Time Change Tune-Up



In the United States, daylight saving time (DST) ends November 3, which means our clocks will fall back an hour from 2:00 a.m. to 1:00 a.m. (and we will gain an hour of sleep).

Interestingly, Hawaii

and Arizona don't participate in DST, so their residents won't get an extra hour of rest. In Europe, they do not call it DST, but Summer Time, and it ends on October 27 at 2:00 a.m.

Regardless of where you live, the twice-yearly adjustment to DST offers an opportunity to take care of some important twice-yearly chores. Many fire departments advise us to change our smoke alarm batteries on this day. And since scaling a ladder to check all the smoke alarms isn't enough, here are some other chores to handle twice yearly.

For one, don't forget to rotate your mattress! Take a good look at your bed. You may have made a lasting impression on it, or it may be starting to sag. Rotating and flipping your mattress will help it wear more evenly. Some new and improved mattresses may not require flipping, but even they should be rotated. If you have a vacuum handy, it's also a good idea to rid your mattress of dust.

Another chore is changing the furnace filter. Because we spend most of the winter inside, our heating systems usually work all day to heat our homes. A new furnace filter will purify the air in the house. If you have a pet or allow smoking in your home, these filters also remove pet dander and smoke from the air. While it may be a good idea to check your filter every three months, DST is the perfect reminder to change it.

Still looking for more chores? Check your pantry, refrigerator, and medicine cabinet for expired products. Or, if you're not a fan of DST, then this may be the perfect reminder to write a letter to Congress to abolish the practice.

Pun Fun Day

November 8 is a day to turn our groans and guffaws into laughter: it's Aid and Abet Punsters Day. Why would we want to encourage punsters to make their dreadful jokes? Because a good pun is a masterful, intelligent, and playful use of language, unlike these examples:

Becoming a vegetarian is a huge missed steak.

I couldn't figure out how to use my seat belt, but then it clicked.

The person who invented the door knocker won the "No Bell" Prize.

Did you hear the one about the broken pencil? Forget it. It's pointless.

Mocs on the Move



Rock Your Mocs occurs November 10–16 in the middle of Native American Heritage Month. This event started in 2011 when New Mexico student and Laguna Pueblo tribe

member Jessica Atsye started an online campaign encouraging Indigenous people to wear moccasins in a show of cultural pride. The trend has spread across the globe, with native peoples of all cultures now photographing their unique Indigenous footwear and proudly posting the pictures online.

Moccasins are traditionally the footwear of Indigenous tribes of North America. While the construction of the leather footwear is generally very similar, the intricate designs, beadwork, quillwork, paint, fur, fringes, and embroidery help distinguish tribal affiliation. Each pair is like a work of art; each pair is as unique as its wearer.

Everyone is invited to participate in the fun of Rock Your Mocs and wear moccasins "wherever your day takes you."



RESIDENT SPOTLIGHT: Trish Moore



Trish was born near the end of World War II in 1944 in Hawthorne, CA. Her parents were from the Midwest, but her dad was in the Navy and was stationed in California, although he was overseas at the time of her birth. When he returned from the war they went back to the Midwest. Trish is the oldest of 4 children, two sisters and a brother. At 9 years old they moved back to California. Her dad and grandpa started a family bakery, that everyone in the family worked at. Trish still likes to bake but doesn't "often have a reason to". Trish is married to Dave, in January they celebrate 60 years. They have 3 sons (one in Florida, California and here), 3 grandsons, 3 granddaughters and 5 great granddaughters with another on the way! A tradition that Trish has been able to start is giving an Afghan blanket to newborns and a crocheted bear when they turn one year old.

Trish loves to crochet and read, especially her Bible. Something unique about Trish is that she donates many of her crocheted items to the Lioness Project and Operation Christmas Child. Trish feels that it is important to bring joy to others, especially when she is so blessed.

Trish was lucky enough to be able to stay at home while their children were young but was a medical assistant when the kids were older. If she could visit anywhere in the world. She would go back to Hawaii. When they lived in California, it wasn't a terrible flight to get there. It is a beautiful area with a lot to offer. The thing Trish most likes about the Villages is that she has the ability to meet in our facility for devotion and Bible study. She is grateful for the freedom to meet and share with others who care about the gospel and has found genuine and caring friends through those experiences. She is also happy that we live on a golf course, because then Dave can be happy!

November Birthdays

Those born between November 1–21 are passionate Scorpios, considered the most intense sign in the zodiac. While on the outside Scorpios are calm and composed, inside they are forceful, emotional, determined, and ambitious. If you were born between November 22–30, you are Sagittarius, the Archer. Archers are optimistic, energetic, generous, and honest. They enjoy exploration and keep an open mind during new encounters.

Rhonda Orr (Server) – Nov. 18

Janice Kelly – Nov. 21

Elizabeth Jara Valencia (Cook) – Nov. 17

Murriel Noel – Nov. 26

Villages River Club – 6 yrs old

BIRTHDAY PARTY: Friday Nov. 15th

Small Biz Saturday



Small Business Saturday is the perfect excuse to explore your local shops and support your community.

Celebrated on the

Saturday after Thanksgiving, this special day encourages people to buy from small, independent businesses. It's a great way to discover unique products and services you won't find in big-box stores.

Shopping small means your money stays local, helping to boost the local economy and support your neighbors. From cozy cafés to quirky boutiques, small businesses add character and charm to your town. Plus, you're likely to receive personalized customer service and find one-of-a-kind items.

So this Small Business Saturday, skip the crowded malls and online giants. Take a stroll down Main Street, enjoy some local flavor, and make a big impact by supporting the small businesses that make your community special.