

"Life starts all over again when it gets crisp in the fall." — F. Scott Fitzgerald



ADD TO YOUR CALENDAR

9/1 Labor Day9/7 National Grandparents Day9/11 Patriot Day9/18 Air Force Birthday9/22 September Equinox



SEPTEMBER BIRTHDAYS

RESIDENT BIRTHDAYS

Deb Metz 9/1
Faye Wallace 9/1
Gail Kenner 9/11
Barbara Hugus 9/14
Barbara Hopkins 9/21
Emily Nickerson 9/21
Adela Rescigno 9/22
Patricia "Trisha" Moore 9/24
Allan Anthony 9/25

STAFF BIRTHDAYS

Shelby Knight (Caregiver) 9/5 Kennan Phillips (Chef) 9/24

BIRTHSTONE: SAPPHIRE



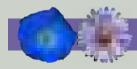
State Facts: Michigan



Michigan became the 26th state on January 26th, 1837. The state name is derived from the native American word Michigama which translates to great or large lake.

The motto for Michigan is, "Si quaeris peninsulam amoenam circumspice," which translates to "If you seek a pleasant peninsula, look about you."

Nicknamed the Wolverine State; Michigan is the 10th most populous state in the nation. According to the U.S. Census Bureau 2020 State Population Estimates, the population of Michigan is 10,077,331!



BIRTH FLOWERS: ASTERS & MORNING GLORY



RESIDENT SPOTLIGHT

Name: Sabina Cunningham

Sabina grew up in vibrant Berlin, Germany, where she was raised by her grandparents. An only child herself, she takes great pride in her three sons and the lives they've built. Although her name is originally spelled Sabine she prefers the spelling Sabina for English speakers.

She moved to the U.S. at 15, bringing with her the English she had begun learning at the age of 12. These days, she's a proud Tennessee Titans fan, holding a season pass ticket and never missing the excitement of game day. When she's not cheering in the stands, she enjoys unwinding with a good book or sharing laughs with friends over a competitive round of Rummikub.

"Autumn"

Written by: Charlotte L. Riser

When the trees their summer splendor Change to raiment red and gold,
When the summer moon turns mellow,
And the nights are getting cold;
When the squirrels hide their acorns,
And the woodchucks disappear;
Then we know that it is autumn,
Loveliest season of the year.













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