

September 2021

# The Village Gazette

The Villages at the River Club | 1176 Warfield Blvd Clarksville, TN 37043 | (931) 552-7455

## Upcoming Special Events

Autumn Along the Hudson River  
September 8<sup>th</sup>

The Villages' Talent Show  
September 10<sup>th</sup>

Searching for Fossil Reefs—  
From Alberta to Austria  
September 14<sup>th</sup>

Destination Walk  
Celebration!  
September 15<sup>th</sup>

Outing to L & R Soda Bar in  
Elkton, KY  
September 22<sup>nd</sup>

Walk to End Alzheimer's  
Liberty Park, Clarksville  
September 25<sup>th</sup>

Outing to Boyd's Pumpkin  
Patch  
September 29<sup>th</sup>

Outdoor Movie Night:  
The Wizard of Oz  
September 29<sup>th</sup>

## Greetings from the Executive Director

Hello everyone, I cannot believe that fall is almost upon us. Summer seemed to fly right on by this year! Pretty soon we'll see the changing of the leaves, the cool mornings returning, and pumpkins on every door and patio. We are also seeing new changes within our building. Firstly, a congratulations to *Katy Heitzenrater* for stepping up as our new *Executive Chef*. I know she will do a tremendous job and offer new and exciting menu options in our Dining Department. Also, we are excited to announce that beginning on Monday, September 6<sup>th</sup>, our Physical Therapy Gym will be open and operational! EmpowerMe Wellness will be onsite in apartment 407 and available for physical therapy, occupational therapy, and speech therapy. Be sure to go up and stop in for a visit; they will also be offering weekly wellness classes (Tai Chi, Chair Yoga, etc.) for FREE! Their hours will be mostly Monday-Friday from 8am-5pm. Additionally, we're excited to have our Volunteer Chaplain, Pastor Frank Hicks, on board with us and offering weekend church services for residents. Our community is continuing to grow as well; be sure to welcome our new residents listed on the back page of this newsletter.

Lastly, here in Clarksville, the Welcome Home Veteran's Celebration will take place September 15-19<sup>th</sup> and it looks like Oak Grove Casino is playing host to many of the events. If anyone is interested in seeing the Traveling Korean War Memorial or the Field of Honor Tribute, please see *Meagan* or look on the bulletin board to sign-up as a group. I am looking forward to seeing what the rest of the year will bring. And as always, my door is open anytime with questions or concerns.

God Bless,

*Lucy Townsend*

## Q & A with Betty Wood Heineman

### *Where were you born?*

I was born in Murfreesboro, TN on February 27, 1932, to Harry C. and Ruby G. Hall. An only child, I attended Central High of Murfreesboro and graduated in 1950.

### *Did you attend College? Your Profession?*

I attended MTSU and graduated with a degree in Mathematics in 1953. I majored in History & PE, and I have a degree in Elementary Education. I taught 5<sup>th</sup> grade in Arlington, Virginia and then 4<sup>th</sup> grade at Julie Green of Nashville, TN. Additionally, I taught Advanced Math at NE High School in Clarksville; following retirement, I taught for 9 years at APSU and spent time at the Fort Campbell Campus teaching math.

### *Marriage, children, and grandchildren?*

I was married to David Wood in 1955 and had 3 sons together—Winston, David and John. Mr. Wood passed from cancer in 1974. I married again to Bill Heineman in 1984. I have 2 grandsons, one living in Clarksville and another in Georgia (another grandson has since died along with my eldest son). I have 2 twin granddaughters as well.

### *Any famous people you've met?*

I met Ronald Reagan when he came to Murfreesboro for the GE Corporation opening. I was one of the servers at the gathering. Ron stopped me and asked if I was attending school. I replied, "Yes, I am attending college now and have plans to be a teacher." Ron told me "Whatever you do, always be the best" and this has stuck with me always.

I met Guy Lombardo (famous bandleader) on an airplane. He invited me and a friend to his motel to hear a concert. During the performance, he asked me and my friend to stand and played "The Tennessee Waltz" for us!



## *"Resident Spotlight"*

### *How did you come to The Villages?*

Before here, I was in another senior living community in Mt Juliet, but my son moved back to Clarksville and so I followed. I met Alison Hurt who happened to be one of my former students. I was their 3<sup>rd</sup> move-in, December of 2018.

I am an avid reader and enjoy working puzzles. I also play "duplicate bridge" with my church group. Following retirement, I volunteered at Loaves & Fishes every Friday (cook, serve) and taught ladies Bible Class every Wednesday at Trenton Road Church of Christ for over 10 years. In 2012, I went to the Republican Convention with my daughter-in-Law. My dinner seat mate ended up being the Governor himself—another interesting story in itself!

This is a wonderful community where we live. I've made so many new friends here and the staff is so good and caring!

## Historic September Events

**Sept. 3, 1783** – Britain and the U.S. sign a peace treaty.

**Sept. 4, 1888** – George Eastman registers the trademark name “Kodak,” marking the age of the first personal cameras using rolls of film instead of photographic plates.

**Sept. 4, 1957** – Ford Motor Co. unveils the Edsel, named after Henry Ford II’s late father.

**Sept. 4, 1998** – Graduate students Sergey Brin and Larry Page incorporate Google, the now-giant technology company.

**Sept. 6, 1915** – The first tank, a prototype nicknamed “Little Willie,” rolls off the assembly line in England.

**Sept. 9, 1895** – The American Bowling Congress is formed.

**Sept. 18, 1830** – A famous race takes place between a horse and an 18-mph steam engine. The horse wins.

**Sept. 25, 1882** – First Major League double-header is held.

**Sept. 2, 1945**-- President Harry Truman declared V-J Day (Victory over Japan Day) commemorating the formal Japanese surrender to the Allies aboard the *USS Missouri* in Tokyo Bay.

**Sept. 25, 1981** – Sandra Day O’Connor takes office as the first female justice on the United States Supreme Court.

## Ahoy, Matey!

Calling all buccaneers! Dust off your pirate hats, batten down the hatches, and practice your “Ahoy, me hearties!” What began as a lark—two friends talking to each other in “pirate-speak” during a game of racquetball in 1995—spawned International Talk Like a Pirate Day. The holiday is now celebrated every September 19. Here are a few more phrases to get you started: Blimey! Fire in the hole! Heave ho! Shiver me timbers!



## CALL ME SEPTEMBER

According to BabyCenter.com, the name September is now the 3,187th most popular baby name. Around 30 babies per million born in 2021 will be named September, up from 21 per million in 2020. Related names that evoke the fall season include Autumn, Sage, Ivy, and Willow.



# Meet Our Staff

**Executive Director**

*Lucy Townsend*

**Community Relations Director**

*Lisa Klasen*

**Director of Maintenance, Housekeeping  
& Security**

*Doug Tomes*

**Care Professional Director**

*Tracy Sutton*

**Recreational Director**

*Meagan Nay*

**Office Administrator**

*Johnnie Friddle*

*Cailyn Sikoski*

**Executive Chef**

*Katy Heitzenrater*

**Assistant Chef**

*Shamus Garriety*

**Servers**

*Rhonda Orr*

*Michell Lazov      Blaire Edwards*

**Housekeeping**

*Brenda Perkins      Shannon Jacobs*

*Rina Gonzalez*

**Security Guard**

*Mark Hughes*

*Keith Stepp*

*Brenda Baez*

## Birthstone—Sapphire



The sapphire is the birthstone for September. This gem is similar to a diamond in that it's one of the hardest materials on Earth. Though sapphire means "blue" in Greek, the gemstone comes in nearly all colors except red. And even the blue stones come in different shades—from dark royal blue to light gray-blue. The finest sapphire, however, is a rich, velvety blue. Per gemstone lore, sapphires contribute to mental clarity and lead to financial success.

## Welcome New Residents

Joan Wallace

## Anniversaries

Robert and Adela Rescigno

## Resident/Staff Birthdays

Faye Wallace	September 1 <sup>st</sup>
Carol Cassidy	September 9 <sup>th</sup>
Ellen Williams	September 10 <sup>th</sup>
Gail Kenner	September 11 <sup>th</sup>
Nan Hall	September 15 <sup>th</sup>
Adela Rescigno	September 22 <sup>nd</sup>
Rina Gonzalez (staff)	September 28 <sup>th</sup>
Joy Sims	September 30 <sup>th</sup>